

Recipe Name	Buff Effect	Utensil	Ingredient 1	Ingredient 2	Ingredient 3	Ingredient 4	Ingredient 5
Never Forgetti-Ice Cream	MaxHP+600, MaxSP+60, ATK+40, MATK+40, Damage to Boss+2.5%	Beverage Stall	Golem Watermelon	Bigfoot Pineapple	Goblin Strawberry	MSG	Rainbow powder
Novice Rib	MaxHP+60, MaxSP+6, DEF+8	Luxury Worktop	Wild Life BBQ	TYPE: Meat			
Novice Meat Skewer	MaxHP+60, MaxSP+6, DEF+8	WLD Life BBQ	TYPE: Meat				
Novice Meat Soup	MaxHP+60, MaxSP+6, DEF+8	Pressure Cooker	TYPE: Meat				
Novice Sashimi	MaxHP+60, MaxSP+6, DEF+8	Beverage Stall	TYPE: Meat				
Novice Stir Fry	MaxHP+60, MaxSP+6, MDEF+8	Luxury Worktop	TYPE: Vegetables				
Novice Veggie Skewer	MaxHP+60, MaxSP+6, MDEF+8	Wild Life BBQ	TYPE: Vegetables				
Novice Veggie Soup	MaxHP+60, MaxSP+6, MDEF+8	Pressure Cooker	TYPE: Vegetables				
Novice Salad	MaxHP+60, MaxSP+6, MDEF+8	Beverage Stall	TYPE: Vegetables				
Novice Fish Steak	MaxHP+60, MaxSP+6, ATK+8	Luxury Worktop	TYPE: Fish				
Novice Seafood Skewer	MaxHP+60, MaxSP+6, ATK+8	Wild Life BBQ	TYPE: Fish				
Novice Fish Soup	MaxHP+60, MaxSP+6, ATK+8	Pressure Cooker	TYPE: Fish				
Novice Sushi	MaxHP+60, MaxSP+6, ATK+8	Beverage Stall	TYPE: Fish				
Novice Jam	MaxHP+60, MaxSP+6, MATK+8	Luxury Worktop	TYPE: Fruit				
Novice Sliced Fruit	MaxHP+60, MaxSP+6, MATK+8	Wild Life BBQ	TYPE: Fruit				
Novice Black Tea	MaxHP+60, MaxSP+6, MATK+8	Pressure Cooker	TYPE: Fruit				
Novice Fruit Platter	MaxHP+60, MaxSP+6, MATK+8	Beverage Stall	TYPE: Fruit				
Dark Food	?????????	Wild Life BBQ					
Adventurer Fried Meat	MaxHP+90, MaxSP+9, DEF+12	Luxury Worktop	Lunatic Meat	Salt			
Mc Meat Skewer	MaxHP+90, MaxSP+9, DEF+12	Wild Life BBQ	Vocal Leg	Salt			
Fragrance Meat Soup	MaxHP+90, MaxSP+9, DEF+21	Pressure Cooker	Lunatic Meat	Flour			
Charmion Riel	MaxHP+90, MaxSP+9, MDEF+12	Beverage Stall	South Field Carrot	Flour			
Seafood Mix	MaxHP+90, MaxSP+9, ATK+12	Luxury Worktop	Vadon Meat	Flour			
Island Skewer	MaxHP+90, MaxSP+9, ATK+12	Wild Life BBQ	Hydra Meat	Flour			
Clever Fish Head Soup	MaxHP+90, MaxSP+9, ATK+12	Pressure Cooker	Hydra Meat	Salt			
Refreshing Ice Cream	MaxHP+90, MaxSP+9, MATK+12, DEF+12	Beverage Stall	Poring Apple	Smoke Grape			
Healthy Salad	MaxHP+90, MaxSP+9, MATK+12	Luxury Worktop	West Field Li Tomato	Salt			
Vegen FTW	MaxHP+90, MaxSP+9, MDEF+12	Wild Life BBQ	South Field Carrot	Flour			
Mama Veggie Soup	MaxHP+90, MaxSP+9, MATK+12, MDEF+12	Pressure Cooker	South Field Carrot	West Field Li Tomato			
Smoke Cookie	MaxHP+90, MaxSP+9, MATK+12	Beverage Stall	Smoke Grape	Flour	Salt		
Slur Slur Meat Chop	MaxHP+120, MaxSP+12, DEF+16, MDEF+16, Gain immunity to the status ailments received, Cooldown time : 15 sec. Can only immune 2 times of status ailments	Luxury Worktop	Egg Shell Chick Meat	Desert Wolf Meat	Mountain Celery		
Hungryman Skewer	MaxHP+200, MaxSP+12, DEF+16, MDEF+16	Wild Life BBQ	Desert Wolf Meat	Vocal Leg	Magic Mushroom		
Magic Box Meat Soup	MaxHP+120, MaxSP+12, DEF+16, Gear ASPD+0.01	Pressure Cooker	Egg Shell Chick Meat				
Seaside Black Tea	MaxHP+120, MaxSP+12, MATK+16, DEF+16, Refine Piercing+0.75%	Beverage Stall	Yoyo Banana	Sugar	Milk		
Seafood Paella	MaxHP+120, MaxSP+12, ATK+16, Movement Speed+1%	Luxury Worktop	Marina Meat	Marse Tentacle	Milk		
IsLude Pride		Wild Life BBQ	Marina Meat	Marse Tentacle	Vadon Meat		
Warm Ocean Currents	MaxHP+120, MaxSP+12, ATK+16, MDEF+16, Ignore DEF+0.75%	Pressure Cooker	Marse Tentacle	Hydra Meat	Flour		
Sweet Cheese Cake	MaxHP+120, MaxSP+12, MATK+16, Damage to non-Boss+0.75%	Beverage Stall	Goblin Strawberry				
Still Veggie	MaxHP+120, MaxSP+12, MATK+16, Skill Delay-0.75%	Luxury Worktop	Mountain Celery	Magic Mushroom	Milk		
Smile Of Farmer	MaxHP+120, MaxSP+12, MDEF+16	Wild Life BBQ	Magic Mushroom	Poring Apple	Sugar		
Tasty Veggie Soup	MaxHP+120, MaxSP+12, MATK+16, MDEF+16	Pressure Cooker	Mountain Celery	Magic Mushroom	Goblin Strawberry		
Angeling Buffet	MaxHP+120, MaxSP+12, ATK+16, MATK+16, Damage to Boss+0.75%	Beverage Stall	Smoke Grape	Poring Apple	Goblin Strawberry		
Will Rediger	MaxHP+180, MaxSP+18, DEF+20, COEF+24, Refine Piercing+1.25%	Luxury Worktop	Meat of Savage	Desert Wolf Meat	Chili		
Golden Skewer	MaxHP+300, MaxSP+18, DEF+20, MDEF+20	Wild Life BBQ	Muka Meat	Egg Shell Chick Meat	Vanilla		
SATIFACTION	MaxHP+180, MaxSP+18, DEF+20, Gear ASPD+1.5%	Pressure Cooker	Meat of Savage	Muka Meat	Sugar		
Earl Furl Juice	MaxHP+180, MaxSP+18, DEF+20, Gear ASPD+1.5%	Beverage Stall	Golem Watermelon	Goblin Strawberry	Vanilla		
Eastern Flavour Seafood	MaxHP+180, MaxSP+18, ATK+20, Movement Speed+0.15%	Luxury Worktop	Marc Meat	Marse Tentacle	Chili		
Supert Seafood BBQ		Wild Life BBQ	Marina Meat	Swordfish Meat	Chili		
Ensemble Of Soul	MaxHP+180, MaxSP+18, ATK+20, MDEF+20, Ignore DEF+1%	Pressure Cooker	Swordfish Meat	Marc Meat	Milk		
St Vaumniz Bread		Beverage Stall	Meat of Savage	Golden Pumpkin	Vanilla		
Spicy Veggie		Luxury Worktop	Bamboo Eggplant	South Field Carrot	Chili		
Hot Veggie Skewer	MaxHP+180, MaxSP+18, MDEF+20	Wild Life BBQ	Golden Pumpkin	Magic Mushroom	Chili		
Passion Ovens	MaxHP+180, MaxSP+18, MATK+20, MDEF+20	Pressure Cooker	Golden Pumpkin	Bamboo Eggplant	Vanilla		
Ancient Honey Ice	MaxHP+180, MaxSP+18, ATK+20, MATK+20, Damage to Boss+1%	Beverage Stall	Golem Watermelon	Bigfoot Pineapple	Vanilla		
Super Tasty Meat Chop	MaxHP+216, MaxSP+21, DEF+24, Gain immunity to the status ailments received, Cooldown time : 15 sec. Can only immune 3 times of status ailments	Luxury Worktop	Bamboo Eggplant	Lunatic Meat	Apple Vinegar		
Super Tasty Meat Skewer	MaxHP+360, MaxSP+21, DEF+24, MDEF+24	Wild Life BBQ	Muka Meat	Desert Wolf Meat	Apple Vinegar		
Super Tasty Meat Soup	MaxHP+216, MaxSP+21, DEF+24, Gear ASPD+1.75%	Pressure Cooker	Bamboo Eggplant	Vocal Leg	Butter		
Super Tasty Cake	MaxHP+216, MaxSP+21, MATK+24, DEF+24, Refine Piercing+1.25%	Beverage Stall	Smoke Grape	Butter			
Super Tasty Fish Chop	MaxHP+216, MaxSP+21, ATK+24, Movement Speed+1.75%	Luxury Worktop	Marina Meat	Apple Vinegar			
Super Tasty Seafood Skewer	MaxHP+216, MaxSP+21, ATK+24, DEF+24, Damage to Players+1.25%	Wild Life BBQ	Swordfish Meat	Vadon Meat	Apple Vinegar		
Super Tasty Seafood Soup	MaxHP+216, MaxSP+21, ATK+24, MDEF+24, Ignore DEF+1.25%	Pressure Cooker	Marc Meat	Swordfish Meat	Apple Vinegar		
Super Tasty Fruit Tea	MaxHP+216, MaxSP+21, DEF+24, MDEF+24, Damage to non-Boss+1.25%	Beverage Stall	Golem Watermelon	Bigfoot Pineapple	Milk		
Super Tasty Salad	MaxHP+216, MaxSP+21, MATK+24, Skill Delay-1.25%	Luxury Worktop	Bamboo Eggplant	West Field Li Tomato	Butter		
Super Tasty Roasted Veggie	MaxHP+216, MaxSP+21, MATK+24, MDEF+24	Wild Life BBQ	Golden Pumpkin	South Field Carrot	Apple Vinegar		
Super Tasty Veggie Soup	MaxHP+216, MaxSP+21, MATK+24, MDEF+24	Pressure Cooker	Bamboo Eggplant	Golden Pumpkin	Butter		
Super Tasty Cookie	MaxHP+216, MaxSP+21, ATK+24, MATK+24, Damage to Boss+1.25%	Beverage Stall	Golem Watermelon	Poring Apple	Butter		
Fascinating Meat Chop	MaxHP+300, MaxSP+30, DEF+30, Gain immunity to the status ailments received, Cooldown time : 15 sec. Can only immune 4 times of status ailments	Luxury Worktop	Egg Shell Chick Meat	Vocal Leg	Salt	Sugar	
Fantastic Skewer	MaxHP+500, MaxSP+30, MATK+30, DEF+30	Wild Life BBQ	Lunatic Meat	Desert Wolf Meat	Poring Apple	Salt	
Fascinating Meat Soup	MaxHP+300, MaxSP+30, DEF+30, MDEF+30, Gear ASPD+2%	Pressure Cooker	Vocal Leg	Egg Shell Chick Meat	South Field Carrot	Salt	
Fantastic Bread	MaxHP+300, MaxSP+30, MATK+30, DEF+30, Refine Piercing+1.5%	Beverage Stall	Lunatic Meat	Goblin Strawberry	Salt	Flour	
Fascinating Seafood	MaxHP+300, MaxSP+30, ATK+30, Movement Speed+2%	Luxury Worktop	Marina Meat	Vadon Meat	Salt	Sugar	
Fantastic Seafood	MaxHP+300, MaxSP+30, ATK+30, MDEF+30, Damage to Players+1.5%	Wild Life BBQ	Marse Tentacle	Hydra Meat	West Field Li Tomato	Salt	
Fascinating Fish Soup	MaxHP+300, MaxSP+30, ATK+30, DEF+30, Ignore DEF+1.5%	Pressure Cooker	Marina Meat	Hydra Meat	Milk	Salt	
Fantastic Ice Cream	MaxHP+300, MaxSP+30, DEF+30, MDEF+30, Damage to not-boss monsters+1.5%	Beverage Stall	Poring Apple	Goblin Strawberry	Sugar	Milk	
Fascinating Salad	MaxHP+300, MaxSP+30, MATK+30, Skill Delay-1.5%	Luxury Worktop	Mountain Celery	South Field Carrot	Salt	Milk	
Fantastic Roasted Veggie	MaxHP+300, MaxSP+30, MATK+30, MDEF+30, Will survive at 1 HP when received fatal damage, become invincible for next 2 sec. Cooldown: 15 sec. Can only be triggered once	Wild Life BBQ	Magic Mushroom	West Field Li Tomato	Salt	Flour	
Fascinating Veggie Soup	MaxHP+300, MaxSP+30, MATK+30, MDEF+30	Pressure Cooker	West Field Li Tomato	South Field Carrot	Mountain Celery	Flour	
Fantastic Cookie	MaxHP+300, MaxSP+30, ATK+30, MATK+30, Damage to Boss+1.5%	Beverage Stall	Yoyo Banana	Smoke Grape	Sugar	Milk	
Geffen Meat Chop	MaxHP+360, MaxSP+36, DEF+32, MDEF+32, Damage to Players+1.75%, Will survive at 1 HP when received fatal damage, become invincible for next 2 sec. Cooldown: 15 sec. Can only be triggered once	Luxury Worktop	Egg Shell Chick Meat	Vocal Leg	Chili	Flour	
Golden Cross Skewer	MaxHP+600, MaxSP+36, DEF+32	Wild Life BBQ	Egg Shell Chick Meat	Vocal Leg	Vanilla	Chili	
Hug From Mother	MaxHP+360, MaxSP+36, DEF+32, MDEF+32, Gear ASPD+2.5%	Pressure Cooker	Desert Wolf Meat	Lunatic Meat	Vanilla	Chili	
Noble Black Tea	MaxHP+360, MaxSP+36, MATK+32, DEF+32, Refine Piercing+1.75%	Beverage Stall	Goblin Strawberry	Poring Apple	Sugar	Vanilla	
Sea Delta	MaxHP+360, MaxSP+36, ATK+32, Movement Speed+2.5%	Luxury Worktop	Marina Meat	Hydra Meat	Chili	Vanilla	
Ocean Calling	MaxHP+360, MaxSP+36, ATK+32, DEF+32, Damage to Players+1.75%, Will survive at 1 HP when received fatal damage, become invincible for next 2 sec. Cooldown: 15 sec. Can only be triggered once	Wild Life BBQ	Marse Tentacle	Vadon Meat	Chili	Vanilla	
Al De Baran Fish Soup	MaxHP+360, MaxSP+36, ATK+32, MDEF+32, Ignore DEF+1.75%	Pressure Cooker	Marse Tentacle	Marina Meat	Sugar	Vanilla	
Alberta Cake	MaxHP+360, MaxSP+36, DEF+32, MDEF+32, Damage to non-Boss+1.75%	Beverage Stall	Yoyo Banana	Smoke Grape	Milk	Vanilla	
Forest Treasure	MaxHP+360, MaxSP+36, MATK+32, Skill Delay-1.75%	Luxury Worktop	Mountain Celery	South Field Carrot	Sugar	Chili	
Payon Veggie Skewer	MaxHP+360, MaxSP+36, MATK+32, MDEF+32	Wild Life BBQ	Magic Mushroom	West Field Li Tomato	Milk	Vanilla	
Elegant Noble Lady	MaxHP+360, MaxSP+36, MATK+32, MDEF+32	Pressure Cooker	Magic Mushroom	Mountain Celery	Vanilla	Salt	
Big Foot Cookie	MaxHP+360, MaxSP+36, ATK+32, MATK+32, Damage to Boss+1.75%	Beverage Stall	Goblin Strawberry	Yoyo Banana	Vanilla	Flour	
Desert Meat Chop	MaxHP+420, MaxSP+42, DEF+36, Gain immunity to the status ailments received, Cooldown time : 15 sec. Can only immune 4 times of status ailments	Luxury Worktop	Meat of Savage	Desert Wolf Meat	Apple Vinegar	Cheese	
Huge Tower	MaxHP+700, MaxSP+42, DEF+36	Wild Life BBQ	Muka Meat	Egg Shell Chick Meat	Butter	Sauce	
Belangd March	MaxHP+420, MaxSP+42, DEF+36, MDEF+36, Gear ASPD+3%	Pressure Cooker	Muka Meat	Meat of Savage	Sauce	Apple Vinegar	
Summer Star	MaxHP+420, MaxSP+42, MATK+36, DEF+36, Refine Piercing+2%	Beverage Stall	Golem Watermelon	Goblin Strawberry	Butter	Cheese	
Soul Of Fisherman	MaxHP+420, MaxSP+42, ATK+36, Movement Speed+3%	Luxury Worktop	Marc Meat	Mountain Celery	Apple Vinegar	Sauce	
Tropeizem Seafood Skewer	MaxHP+420, MaxSP+42, ATK+36, DEF+36, Damage to Players+2%	Wild Life BBQ	Swordfish Meat	Marse Tentacle	Apple Vinegar	Cheese	
Song Of Chanson	MaxHP+420, MaxSP+42, ATK+36, MDEF+36, Ignore DEF+2%	Pressure Cooker	Swordfish Meat	Marc Meat	Cheese	Apple Vinegar	
Princess Afternoon Tea	MaxHP+420, MaxSP+42, DEF+36, MDEF+36, Damage to non-Boss+2%	Beverage Stall	Golem Watermelon	Bigfoot Pineapple	Sugar	Cheese	
Cocoonerider	MaxHP+420, MaxSP+42, MATK+36, Skill Delay-2%	Luxury Worktop	Bamboo Eggplant	Mountain Celery	Sauce	Butter	
Sword Of Sky	MaxHP+420, MaxSP+42, MATK+36, MDEF+36, Will survive at 1 HP when received fatal damage, become invincible for next 2 sec. Cooldown: 15 sec. Can only be triggered once	Wild Life BBQ	Golden Pumpkin	Magic Mushroom	Sauce	Apple Vinegar	
Sage Of Dawn	MaxHP+420, MaxSP+42, MATK+36, MDEF+36	Pressure Cooker	Golden Pumpkin	Bamboo Eggplant	Milk	Cheese	
Gartskio Palace	MaxHP+420, MaxSP+42, ATK+36, MATK+36, Damage to Boss+2%	Beverage Stall	Bigfoot Pineapple	Yoyo Banana	Butter	Cheese	
Prontera Royal Meat Chop	MaxHP+500, MaxSP+50, DEF+36, Gain immunity to the status ailments received, Cooldown time : 15 sec. Can only immune 4 times of status ailments	Luxury Worktop	Meat of Savage	Desert Wolf Meat	Lunatic Meat	Sauce	Butter
Prontera Royal Skewer	MaxHP+500, MaxSP+50, DEF+36	Wild Life BBQ	Muka Meat	Egg Shell Chick Meat	Vocal Leg	Apple Vinegar	Sauce
Prontera Royal Meat Soup	MaxHP+500, MaxSP+50, DEF+36, MDEF+36, Gear ASPD+3.25%	Pressure Cooker	Meat of Savage	Lunatic Meat	Apple Vinegar	Cheese	
Prontera Royal Fruit Juice	MaxHP+500, MaxSP+50, MATK+36, DEF+36, Refine Piercing+2.25%	Beverage Stall	Golem Watermelon	Yoyo Banana	Smoke Grape	Cheese	Butter
Prontera Royal Fish Chop	MaxHP+500, MaxSP+50, ATK+36, Movement Speed+3.25%	Luxury Worktop	Marc Meat	Marse Tentacle	Hydra Meat	Cheese	Apple Vinegar
Prontera Royal Fish BBQ	MaxHP+500, MaxSP+50, ATK+36, DEF+36, Damage to Players+2.25%	Wild Life BBQ	Swordfish Meat	Marina Meat	Vadon Meat	Sauce	Apple Vinegar
Prontera Royal Fish Soup	MaxHP+500, MaxSP+50, ATK+36, MDEF+36, Ignore DEF+2.25%	Pressure Cooker	Marc Meat	Swordfish Meat	Hydra Meat	Cheese	Sauce
Prontera Royal Cookie	MaxHP+500, MaxSP+50, DEF+36, MDEF+36, Damage to non-Boss+2.25%	Beverage Stall	Golem Watermelon	Poring Apple	Cheese	Butter	
Prontera Royal Salad	MaxHP+500, MaxSP+50, MDEF+36, Skill Delay-2.25%, Will survive at 1 HP when received fatal damage, become invincible for next 2 sec. Cooldown: 15 sec. Can only be triggered twice	Luxury Worktop	Bamboo Eggplant	Magic Mushroom	South Field Carrot	Apple Vinegar	Sauce
Prontera Royal Roast Veggie		Wild Life BBQ	Golden Pumpkin	Mountain Celery	West Field Li Tomato	Cheese	Apple Vinegar
Prontera Royal Veggie Soup	MaxHP+500, MaxSP+50, MATK+36, MDEF+36	Pressure Cooker	Bamboo Eggplant	Golden Pumpkin	South Field Carrot	Cheese	Sauce
Prontera Royal Ice Cream	MaxHP+500, MaxSP+50, ATK+36, MATK+36, Damage to Boss+2.25%	Beverage Stall	Bigfoot Pineapple	Goblin Strawberry	Poring Apple	Cheese	Butter
Never Forgetti-Meat Chop	MaxHP+600, MaxSP+60, DEF+40, Gain immunity to the status ailments received, Cooldown time : 15 sec. Can only immune 4 times of status ailments	Luxury Worktop	Muka Meat	Desert Wolf Meat	Egg Shell Chick Meat	MSG	
Never Forgetti-Meat Skewer	MaxHP+1000, MaxSP+60, DEF+40	Wild Life BBQ	Meat of Savage	Muka Meat	Desert Wolf Meat	Egg Shell Chick Meat	MSG
Never Forgetti-Meat Soup	MaxHP+600, MaxSP+60, DEF+40, MDEF+40, Gear ASPD+3.5%	Pressure Cooker	Meat of Savage	Muka Meat	Desert Wolf Meat	Rainbow powder	
Never Forgetti-Fruit Juice	MaxHP+600, MaxSP+60, MATK+40, DEF+40, Refine Piercing+2.5%	Beverage Stall	Golem Watermelon	Bigfoot Pineapple	Goblin Strawberry	Yoyo Banana	Rainbow powder
Never Forgetti-Fish Chop	MaxHP+600, MaxSP+60, ATK+40, Movement Speed+3.5%	Luxury Worktop	Marc Meat	Swordfish Meat	Marina Meat	Marse Tentacle	MSG
Never Forgetti-Fish Skewer	MaxHP+600, MaxSP+60, ATK+40, DEF+40, Damage to Players+2.5%	Wild Life BBQ	Marse Tentacle	Marina Meat	Marse Tentacle	Marse Tentacle	MSG
Never Forgetti-Seafood Soup	MaxHP+600, MaxSP+60, ATK+40, MDEF+40, Ignore DEF+2.5%	Pressure Cooker	Marc Meat	Swordfish Meat	Marina Meat	Marse Tentacle	Rainbow powder
Never Forgetti-Cookie	MaxHP+600, MaxSP+60, DEF+40, MDEF+40, Damage to non-Boss+2.5%	Beverage Stall	Golem Watermelon	Bigfoot Pineapple	Goblin Strawberry	Yoyo Banana	MSG
Never Forgetti-Salad	MaxHP+600, MaxSP+60, MDEF+40, Skill Delay-2.5%	Luxury Worktop	Bamboo Eggplant	Golden Pumpkin	Magic Mushroom	Mountain Celery	MSG
Never Forgetti-Roasted Veggie	MaxHP+600, MaxSP+60, MATK+40, MDEF+40, Will survive at 1 HP when received fatal damage, become invincible for next 2 sec. Cooldown: 15 sec. Can only be triggered twice	Wild Life BBQ	Bamboo Eggplant	Golden Pumpkin	Magic Mushroom	Mountain Celery	MSG
Never Forgetti-Veggie Soup	MaxHP+600, MaxSP+60, MATK+40, MDEF+40	Pressure Cooker	Bamboo Eggplant	Golden Pumpkin	Magic Mushroom	Mountain Celery	MSG